

The Five-headed Dragon: Threats to Giftedness

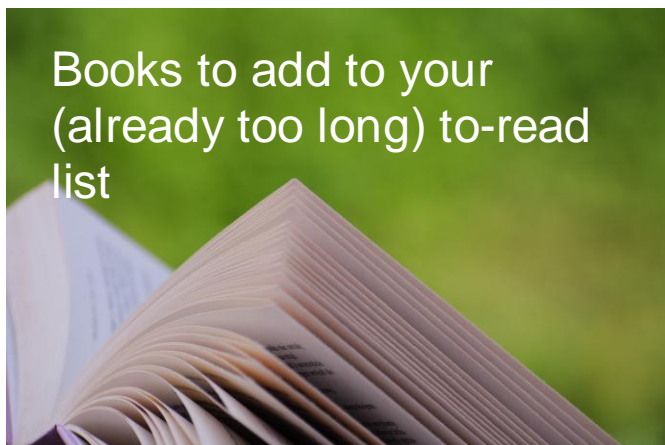
keynote by Lisa Van Gemert
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Mensa Foundation www.mensaforkids.org
American Mensa www.us.mensa.org

Let's Connect!



Interested in learning more about the dragons? Find great resources here...

General Resources



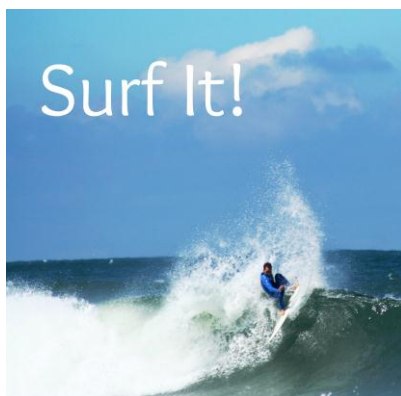
Top Dog: The Science of Winning and Losing
by Po Bronson and Ashley Merryman

*How Children Succeed: Grit, Curiosity, and
the Hidden Power of Character* by Paul Tough

*Willpower: Rediscovering the Greatest Human
Strength* by Roy Baumeister and John Tierney

Tell Me Dragon by Jackie Morris (with special
thanks for the generous use of her artwork)

Stereotype Threat



Website that has loads of useful information on stereotype threat -
the go-to site on it:

<http://www.reducingstereotypethreat.org/>

Article by Josh Aronson from *Educational Leadership*:

<http://bit.ly/ascdthreat>

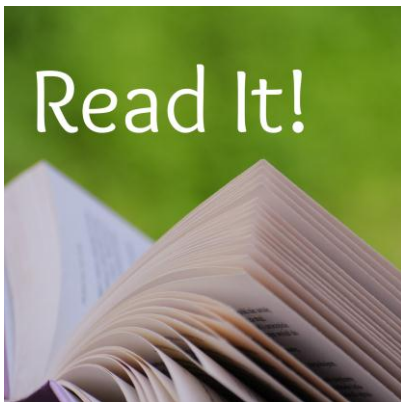
Study by Steele & Aronson on Stereotype Threat as it affects
African Americans <http://bit.ly/aronsonthreat>



Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do by Claude Steele

Young, Gifted, and Black: Promoting High Achievement among African-American Students by Theresa Perry and Claude Steele

Bullying



The Role of Self-Esteem and Self-Compassion by Kristin Neff:
<http://bit.ly/bullyesteem>

Say Something by Peggy Moss (for grades K-5)

Bullying Prevention and Intervention: Realistic Strategies for Schools by Susan Swearer, Dorothy Espelage, and Scott Napolitano

No Kidding About Bullying: 125 Ready-to-Use Activities to Help Kids Manage Anger, Resolve Conflicts, Build Empathy, and Get Along

by Naomi Drew

Bullying Hurts: Teaching Kindness Through Read Alouds and Guided Conversations by Lester Laminack & Reba Wadsworth

The Bully, the Bullied, and the Bystander: From Preschool to High School--How Parents and Teachers Can Help Break the Cycle by Barbara Coloroso

My Secret Bully by Trudy Ludwig (grades 2 – 5)

10 Days to a Bully-Proof Child by Sherryl Kraizer



Signs your child is being bullied: <http://bit.ly/bullysigns>

Bullying Perpetration and Bullying Victimization Scales <http://bit.ly/bullyscale> & <http://bit.ly/bullyperpetrator>

The government's anti-bullying website:
<http://www.stopbullying.gov/>

A literal dissertation on bullying and the gifted:
<http://bit.ly/giftedbully1>

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Do It!



Cooling off thoughts to teach your children (from the Conflict Center in Denver <http://www.conflictcenter.org/>)

Think about what you will do when you get home.

I can handle this!

I don't like this, but I can get through it.

I've heard this before, and it is not about me.

I'm really mad now, but it won't last long.

They are looking for a reaction, but I won't give them one.

I am in control of what I do.

Impostor Syndrome



Surf It!

Valerie Young's site (companion to her book):

<http://www.impostorsyndrome.com/>

Article by Lisa Rivero on Impostor Syndrome:

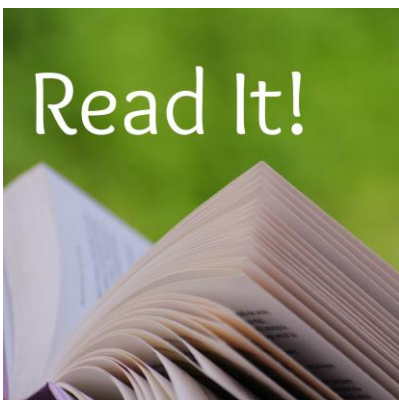
<http://bit.ly/riveroimpostor>

Article by Ian Byrd on Impostor Syndrome:

<http://bit.ly/byrdimpostor>

Periander Knocking Tall Poppies story: <http://bit.ly/Periander>

Underachievement



Read It!

Drive! The Surprising Truth about what Motivates Us by Dan Pink

Punished by Rewards by Alfie Kohn

The Minds of Boys: Saving Our Sons from Falling Behind in School and Life

by Michael Gurian

Up from Underachievement by Diane Heacox

When Gifted Kids Don't Have All the Answers by Jim DeLisle

Why Bright Kids Get Poor Grades by Sylvia Rimm



Article on why some kids can handle pressure and some can't:

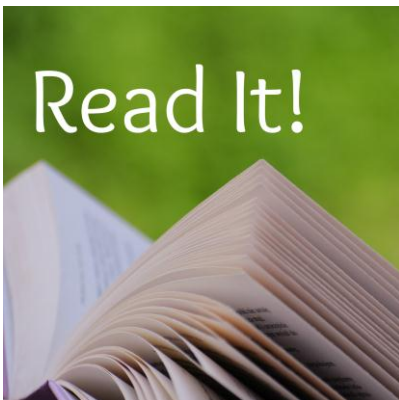
<http://bit.ly/topdogreview>

The Perils of Praise: <http://bit.ly/dweck-praise>

Article by Lisa on Underachievement

<http://bit.ly/lvgunderachievement>

Perfectionism



Letting Go of Perfect: Overcoming Perfectionism in Kids by Jill Adelson Ph.D.

Too Perfect: When Being in Control Gets Out of Control by Jeannette Dewyze

What to Do When Good Enough Isn't Good Enough: The Real Deal on Perfectionism: A Guide for Kids by Thomas S. Greenspon Ph.D.

Freeing Our Families From Perfectionism by Thomas S. Greenspon

Greenspon

Strengthsfinder 2.0 by Tom Rath



Article by Lisa about Perfectionism: <http://bit.ly/perfectionismlvg>

Study on resilience in children: <http://bit.ly/kidsresil>

Make motivational posters here:

<http://bighugelabs.com/motivator.php>

Lisa's presentation on Perfectionism: <http://bit.ly/perfectnomore>

call to action



Share what you learned with at least one person.

Read at least one book.

Surf at least one site